

2019-2020 Season Weekly Schedule

Subject to changes

Monday			Tuesday			Wednesday				
Studio A	Studio B	Studio C	Studio A	Studio B	Studio C	Studio A	Studio B	Studio C		
4:00-5:00	4:00-5:00	4:00-5:00	4:00-5:00	4:00-5:00	4:00-6:00	4:00-5:00	4:00-5:00	4:00-5:00		
Competitive Rehearsals	Competitive Rehearsals	Competitive Rehearsals	Competitive Rehearsals	Competitive Rehearsals	Competitive Rehearsals	Competitive Rehearsals	Competitive Rehearsals	Competitive Rehearsals		
									5:00-5:45	5:00-5:45
Pre-Primary Tap 5 to 6 years	Grade 2 Hip Hop 9 years	Primary & Gr. 1 Hip Hop 7 to 8 years	Elementary 1 Jazz 13 years	Elementary 2 Ballet 14 years		Grade 1 Ballet 8 years	Grade 2 Jazz 9 years		Primary Acro 7 years	
5:45-6:30	5:45-6:30	5:45-6:30	6:00-7:00	6:00-7:00		6:00-7:00	5:45-6:30		5:45-6:30	5:45-6:30
Primary & Gr. 1 Tap 7 to 8 years	Grade 2 & 3 Contemporary 9 to 10 years	Pre-Primary Hip Hop 5 to 6 years	Elementary 1 Ballet 13 years	Inter & Adv Acro 15 to 18 years		Elementary 2 Jazz 14 years	Primary Ballet 7 years		Grade 1 Jazz 8 years	Grade 2 Acro 9 years
6:30-7:15	6:30-7:15	6:30-7:15	7:00-8:00	7:00-8:00		7:00-8:00	6:30-7:15		6:30-7:15	6:30-7:15
Gr. 2 & 3 Tap 9 to 10 years	Grade 4 Hip Hop 11 years	Grade 5 Hip Hop 12 years	Elementary Acro 13 to 14 years	Advanced Jazz 17 to 18 years	Intermediate Ballet 15 to 16 years	Grade 2 Ballet 9 years	Primary Jazz 7 years	Grade 1 Acro 8 years		
7:15-8:00	7:15-8:00	7:15-8:00	8:00-9:00	8:00-9:00	8:00-9:00	7:15-10:00	7:15-10:00	7:15-8:15		
Grade 4 & 5 Contemporary 11 to 12 years	Grade 3 Hip Hop 10 years	Aerial Acrobatics 1 Hoop & Hammocks 7 to 9 years	Competitive Rehearsals	Intermediate Jazz 15 to 16 years	Advanced Ballet 17 to 18 years	Competitive Rehearsals	Competitive Rehearsals	Aerial Acrobatics 4 Hoop, Hammocks & Silks 10 + years		
8:00-8:45	8:00-8:45	8:00-9:00	9:00-10:00	9:00-10:00	9:00-10:00			Aerial Acrobatics 5 Hoop, Hammocks & Silks 10 + years		
Inter & Adv Contemporary 15 to 18 years	Elementary Hip Hop 13 to 14 years	Aerial Acrobatics 2 Hoop & Hammocks 10 + years	Competitive Rehearsals	Competitive Rehearsals	Competitive Rehearsals			Aerial Acrobatics 6 Hoop, Hammocks & Silks 10 + years		
8:45-9:30	8:45-9:30	9:00-10:00								
Elementary Contemporary 13 to 14 years	Inter & Adv Hip Hop 15 to 18 years	Aerial Acrobatics 3 Hoop & Hammocks 18 + years								

Thursday

Studio A	Studio B	Studio C
4:00-5:45	4:00-5:00	4:00-5:00
<i>Competitive Rehearsals</i>	<i>Competitive Rehearsals</i>	<i>Competitive Rehearsals</i>
5:00-5:45	5:00-6:00	5:00-5:45
Little Steps 1 3 to 4 years	Grade 4 & 5 Ballet 12 years	Grade 3 Jazz 10 years
5:45-6:30	6:00-7:00	5:45-6:30
<i>Competitive Rehearsals</i>	Grade 4 & 5 Jazz 12 years	Grade 3 Acro 10 years
7:00-8:00	6:30-7:15	
Grade 4 & 5 Acro 12 years	Grade 3 Ballet 10 years	
7:15-8:00	8:00-10:00	8:00-10:00
Ballet-Pointe Performance Variations 13 to 18 years	<i>Competitive Rehearsals</i>	<i>Competitive Rehearsals</i>
8:00-8:45		
Grade 4 to Elem Tap 11 to 14 years		

Friday

Studio A	Studio B	Studio C
4:00-5:15	4:00-5:15	4:00-5:00
<i>Competitive Rehearsals</i>	<i>Competitive Rehearsals</i>	<i>Competitive Rehearsals</i>
5:00-5:45	5:00-5:45	5:00-5:45
Open Jazz 11 to 16 years	Stunting - Level 2 Invite Only - Comp Class Mixed Ages	Tumbling Level 1 Mixed Ages
5:45-6:30	5:45-6:30	5:45-6:30
Open Acro 11 to 16 years	<i>Grade 1 to 5 Comp Cardio & Master Class 8 to 12 years</i>	Tumbling Level 2 Mixed Ages
6:30-7:15	6:30-7:15	6:30-7:15
Open Ballet 11 to 16 years	Tumbling - Level 3 Invite Only - Comp Class Mixed Ages	Stunting Level 1 Mixed Ages
7:15-8:15	7:15-8:15	7:15-8:15
Advanced Flexibility & Strengthening - Mandatory for Comp Students 10 to 18 years	Aerial Acrobatics 7 Invite Only - Comp Class Mixed Ages	
8:30-10:00		
Elementary to Advanced Comp Cardio & Master Class 13 to 18 years		

Saturday

Sunday

Studio A	Studio B	Studio C	Studio A	Studio B	Studio C
8:00-9:00	8:00-10:45	8:00-9:15	9:00-6:00	9:00-10:00	9:00-6:00
<i>Competitive Rehearsals</i>	<i>Competitive Rehearsals</i>	<i>Competitive Rehearsals</i>	<i>Competitive Rehearsals</i>	<i>Competitive Rehearsals</i>	<i>Competitive Rehearsals</i>
9:00-9:45		9:15-10:00		10:00-11:00	
Pre-Primary 1 Ballet 5 years		Little Steps 2 3 & 4 years		Technique 1 <i>Invite Only - Comp Class</i> <i>Mixed Ages</i>	
9:45-10:30		10:00-10:45		11:00-11:30	
Pre-Primary 1 Jazz 5 years		Little Steps 3 3 & 4 years		<i>Acro Skills Training</i> <i>Invite Only - Comp Class</i> <i>Mixed Ages</i>	
10:30-11:15		10:45-11:30		11:30-12:00	
Pre-Primary 1 Acro 5 years		Gr. 2 & 3 Turns 9 to 10 years		<i>Acro Balances</i> <i>Invite Only - Comp Class</i> <i>Mixed Ages</i>	
11:15-12:00		11:30-12:15		12:00-12:30	
Pre-Primary 2 Acro 6 years		Gr. 2 & 3 Jumps 9 to 10 years		<i>Acro Contortion</i> <i>Invite Only - Comp Class</i> <i>Mixed Ages</i>	
12:00-12:45		12:15-1:00		12:30-1:30	
Pre-Primary 2 Jazz 6 years	Primary & Gr. 1 Jumps 7 to 8 years	Technique 2 <i>Invite Only - Comp Class</i> <i>Mixed Ages</i>			
12:45-1:30	1:00-1:45	1:30-6:00			
Pre-Primary 2 Ballet 6 years	Elementary Jumps 13 to 14 years				
1:45-2:30	1:45-2:30				
Inter & Adv Turns 15 to 17 years	Grade 4 & 5 Jumps 11 to 12 years				
2:30-3:15	2:30-3:15				
Grade 4 & 5 Turns 11 to 12 years	Inter & Adv Jumps 15 to 17 years				
3:45-4:30	3:30-9:00				
Elementary Turns 13 to 14 years	<i>Competitive Rehearsals</i>	Elementary Pointe 13 to 14 years			
4:30-9:00		Inter & Adv Technique 15 to 17 years			
<i>Competitive Rehearsals</i>		Inter & Adv Pointe 15 to 17 years			